

GJB Health Services
CONSENT FOR RECORDING SESSIONS

GJB Health Services’ therapists are expected to continually expand their knowledge of evidence-based treatment methods. Currently, the two most effective methods for working with couples are Gottman Method Couples Therapy and Emotionally Focused Couples Therapy; therefore, therapists are expected to be working toward proficiency/certification within one, or both, of these treatment methods. Therapists work toward mastery by recording sessions, studying the recordings after sessions, and bringing a select number of recordings to supervision to receive feedback about the quality of their work. Both Gottman Method Couples Therapy and Emotionally Focused Couples Therapy require group and individual supervision during various phases of training. Our clients benefit from this training process by receiving more of their therapist’s time and attention at no additional cost.

Recorded sessions will be kept confidential and are not considered part of the medical record; therefore, recordings will not be released to clients for any reason. Granting permission to record sessions is never a criterion for receiving treatment. Recordings are kept secured via password protection and may be deleted at any time.

Sessions will never be recorded without the clients' awareness and consent. Each time a therapist begins to record a session, an audio message will state that the session is being recorded. Clients may ask to have recording stopped during any session if they do not wish to have some, or all, of a session recorded. This consent form can be withdrawn at any time by verbal communication to the therapist, email, or fax to GJB Health Services. The main email for GJB Health Services is gjbhealthservices@gmail.com and the fax number is (920) 560-6618. Simply state both partner’s names and that permission to record sessions is being withdrawn.

I (we) authorize my (our) GJB Health Services therapist to video/audio record sessions for the purpose of providing quality clinical care. Video and/or audio recorded sessions may be used only for the purpose of therapeutic training, consultation, and education, and will not be used for any other purpose. Any professionals who may view these recordings are bound by confidentiality. All GJB Health Services providers agree not to use, or permit the use of, full name(s) or other specific identifying information not contained in/on the tape that might reveal the identity of the client(s).

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Client	Date	Client	Date
Therapist	Date	Therapist	Date